

## Performance has a new style

Philips Respironics Wisp — minimal contact nasal mask

## Mask fitting guide



1

Before putting on the mask, disconnect the headgear clips by twisting them away from the frame.

**Important:** Use the mask sizing gauge to select the cushion that fits the width of your nose without blocking your nostrils.

Gently hold the cushion in place over the nose and pull the headgear over your head.

**Note:** The headgear should lie flat against the back of your head.





3

Holding the mask in place, reconnect the clips by pushing them back onto the mask frame.

**Note:** If you do not want to use the clips, the headgear tabs can be threaded through the slots on the mask frame.

4

Pull back on the headgear tabs to evenly adjust the upper and lower headgear straps. The mask should rest comfortably against your face.





5

You may optionally slide the mask tubing through the headgear crown loop before attaching the CPAP tubing.

**Note:** Using the headgear crown loop may help make some sleeping positions more comfortable.



Assume different sleeping positions. Move around until comfortable. If there are any excessive air leaks, make final adjustments while lying down.

## Note:

Some air leaking is normal.

Adjust the upper headgear straps to reduce leaks around your eyes.



Additional details on fitting may be found in the instructions that accompany your mask. A larger headgear is also available by request.

For more information please visit www.philips.com/respironics

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