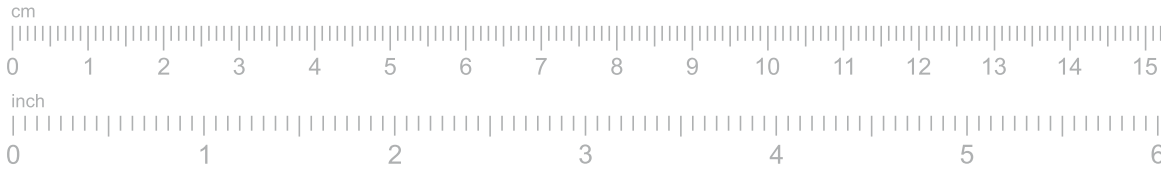


## Printing instructions

### 1 Print the sizing guide

- Print on U.S. Letter or A4-sized paper.
- Ensure you select "Actual size" and not "Fit" in the printer settings.
- For best results, print in color.



### 2 Measure your printout

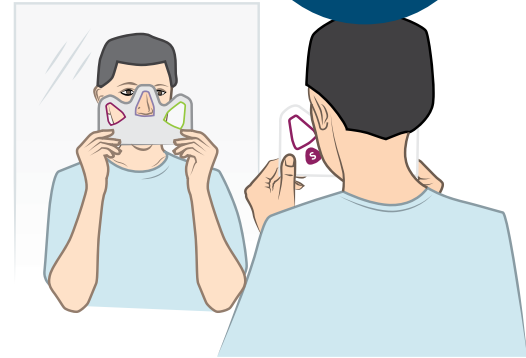
- Place your ruler on the scale below and ensure they measure the same.

#### TIP

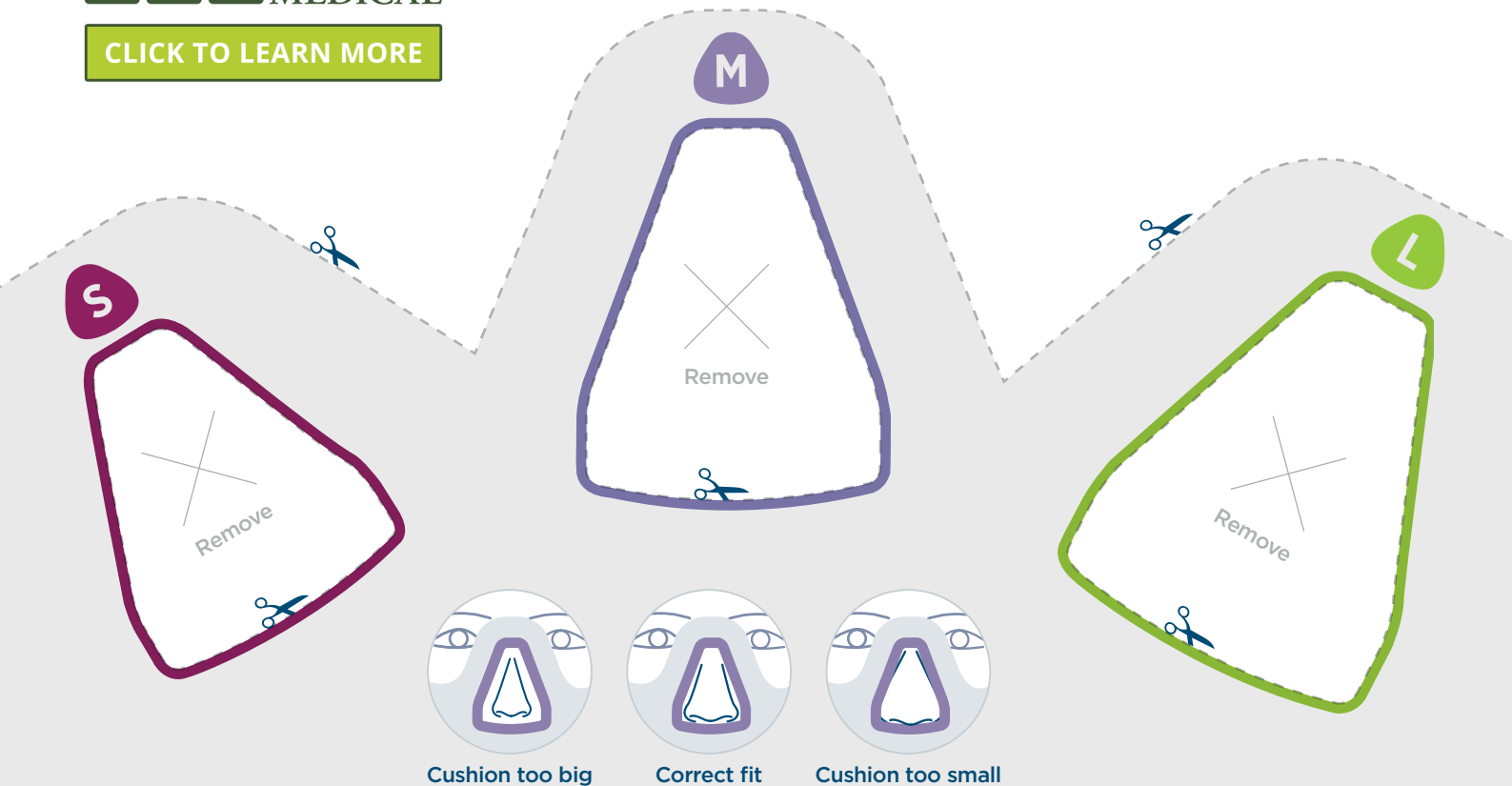
Use a mirror or ask someone else to assist you with sizing.

## Sizing guide instructions

- Carefully cut along the dotted lines.
- Place the guide against your face so that your nose protrudes through one sizing hole at a time.
- Choose the size that best fits your nose.



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