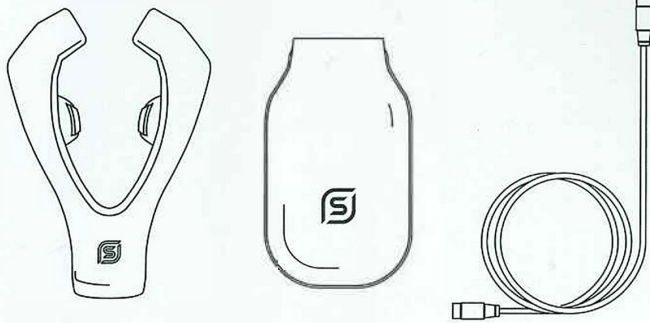


1 What is in the box

Mouthpiece

Control Unit

Extender Cable



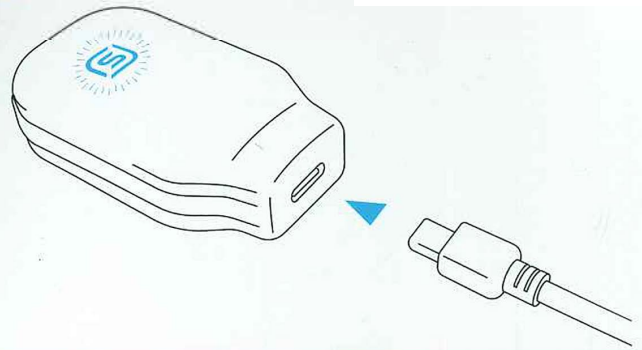
Cleaning cap (please retain)



eXcite^{OSA} USB charging cable



2 First charge



Only use the eXcite^{OSA} USB cable provided. Using another USB cable could damage the device and may void your warranty.

The blue LED light will flash when charging.

If yellow and blue flashing lights appear, the device needs charging before use.

If no light comes on, please check the FAQs or contact us.

3 How to connect

1

Download the eXcite^{OSA} app and sign up.



Available on the
App Store

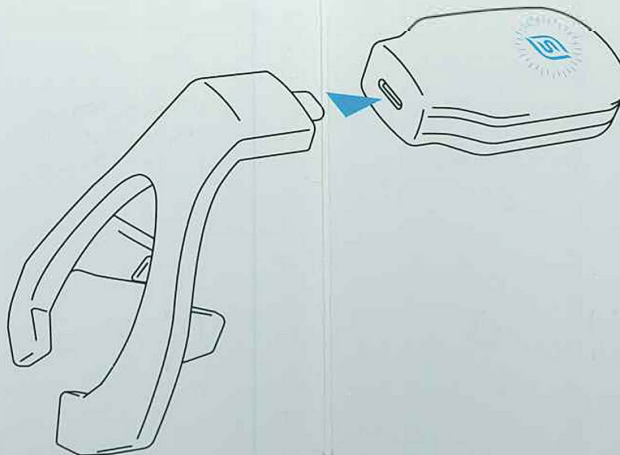
ANDROID APP ON
Google Play

2

Follow the instructions on the eXcite^{OSA} app screen to connect.

3

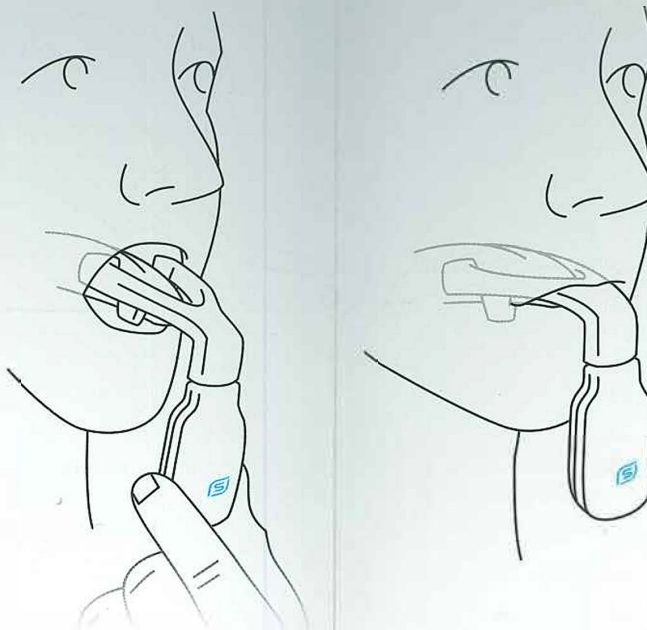
You should see a blue flashing light to connect via Bluetooth to the phone.



4 How to place the device on your tongue

Insert the mouthpiece into the mouth, allow it to sit on and around the tongue and gently close your mouth.

Position the mouthpiece in the center of your tongue so that you feel the contractions equally on both sides.



The device is providing correct stimulation as long as you can feel contractions on the right and left sides of the tongue. Avoid grinding or clenching the mouthpiece.

Disconnect the mouthpiece from the control unit after each therapy session and replace the cleaning cap.

5 Selecting the correct intensity



Press the intensity button to adjust intensity.



Press X to set the intensity.

6 If you salivate

It is normal to salivate when using the device. To prevent moisture from getting into the USB port, please attach one end of the extender cable into the control unit and the other end into the mouthpiece during your sessions.

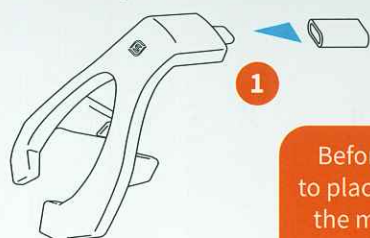
You can also wipe away any saliva during your therapy.



If moisture is detected in the device, the light on the control unit will flash alternately yellow and red.

You must then allow the control unit to dry off for several hours before attempting to complete a therapy or charge the device.

7 Clean mouthpiece after every session

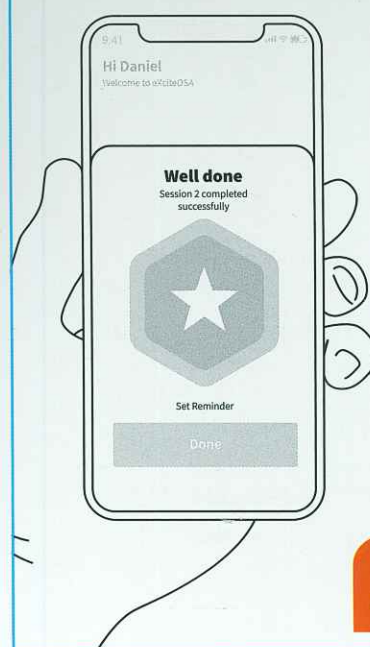


Before cleaning, remember to place the cleaning cap over the mouthpiece connector.



We recommend you store the mouthpiece in the provided tray when not in use.

8 Recommended use



For the first 6 weeks, you should complete one session every day.

Thereafter, we recommend a minimum of two sessions per week.

The mouthpiece must be replaced 90 days from first use

FAQs

Further information regarding the use of this device can be found on our website.



exciteosa.com/support

We are eager to hear about your progress. Please let us know your feedback by emailing info@signifiermedical.com

excite^{OSA}

Quick Start Guide

www.exciteosa.com