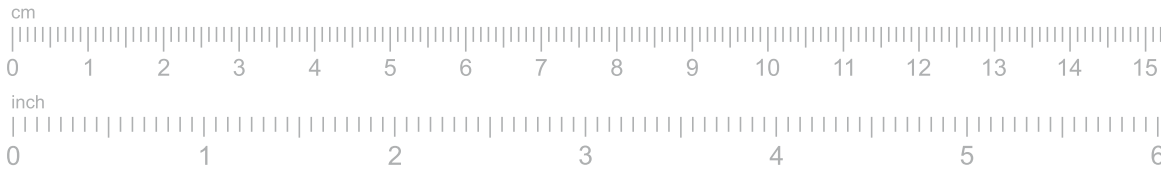


Printing instructions

1 Print the sizing guide

- Print on U.S. Letter- or A4-sized paper.
- Ensure you select "Actual size" and not "Fit" in the printer settings.
- For best results, print in color.

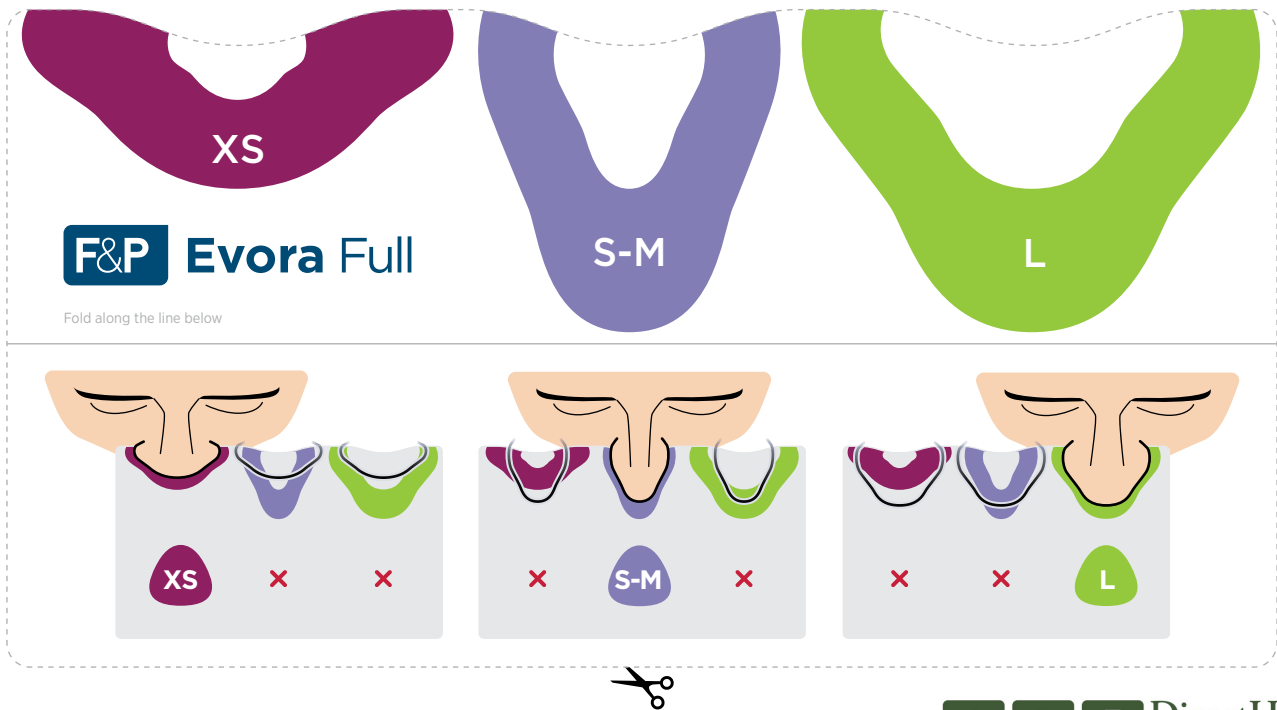


2 Measure your printout

- Place your ruler on the scale below and ensure they measure the same.

Sizing guide instructions

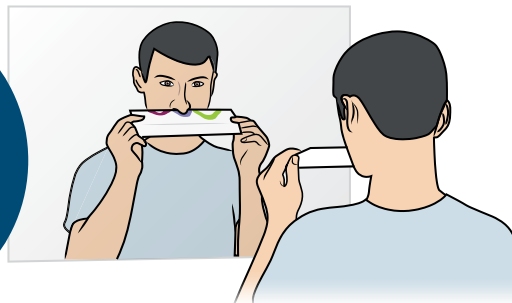
1 Carefully cut along the dotted lines.



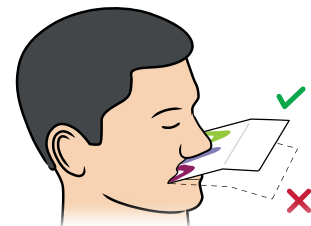
2 Hold the guide so that it presses against the underside of your nose.

TIP

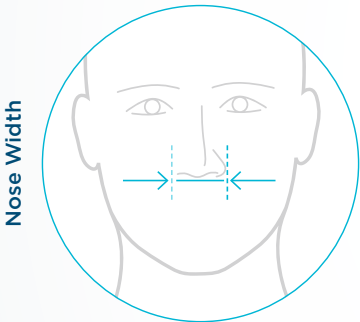
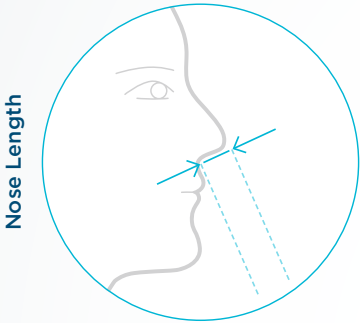
Use a mirror or ask someone at home to assist you with sizing.



[CLICK TO LEARN MORE](#)



3 Choose the size that best fits your nose.



F&P Evora™ Nasal



F&P Evora Full

		Nose Width	
		44 mm or less	More than 44 mm
Nose Length	17 mm or less		
	More than 17 mm		

Size	Nose Length	Nose Width
	18 mm or less	Any
	More than 18 mm	40 mm or less
	More than 18 mm	More than 40 mm



F&P myMask App*

For the full setup experience, download the **F&P myMask™** App or scan the QR code below.



* Not available in all countries.

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This material is not intended to replace the Evora Nasal or Evora Full sizing guides.