

THE ESSENTIAL LIFE FORCE.

Oxygen therapy and how it
improves quality of life.





Being prescribed oxygen therapy doesn't have to take you away from life's pleasures.

Today's portable oxygen technology has given millions of patients freedom and mobility, while keeping them safe and healthy.

WHAT IS OXYGEN THERAPY?

- Oxygen is a gas necessary for human life supporting the critical functions of your internal organs. The air we breathe is made up of 78% nitrogen, 21% oxygen, and 1% other gases.
- Your doctor may prescribe supplemental oxygen therapy for you when your lungs do not have enough healthy tissue to absorb the amount of oxygen your body needs. This medical oxygen will ensure your lungs work more efficiently.



WHO BENEFITS FROM OXYGEN THERAPY?

- Oxygen therapy is used to treat a variety of health conditions, respiratory infections, and chronic breathing disorders affecting the lungs' ability to function properly.
- Your doctor may prescribe supplemental oxygen therapy for the following health disorders:
 - Chronic Obstructive Pulmonary Disease (COPD)
 - Pulmonary Fibrosis
 - Cystic Fibrosis
 - Pneumonia
 - Severe Asthma
 - Sleep Apnea

HOW DOES SUPPLEMENTAL OXYGEN HELP?

Oxygen therapy improves your lungs' respiratory functions by reducing shortness of breath, and increases your energy, activity tolerance and endurance. It can help to reduce your risk for heart disease and other health complications. This therapy may also improve your sleeping patterns while enhancing your cognitive function and alertness.

HOW DOES AN OXYGEN CONCENTRATOR WORK?

A quality, high-performance portable oxygen concentrator is key to ensuring you get the therapeutic oxygen you need. A portable oxygen concentrator, or POC, takes normal air and purifies it to deliver between 90–95% oxygen to the user via a nasal cannula or mask.

Powered by electric, battery, or motor vehicle power, a POC will never run out of oxygen when a power source is available.



WHAT TO LOOK FOR IN A PORTABLE OXYGEN CONCENTRATOR

Oxygen delivery safeguards – While all portable oxygen concentrators deliver oxygen, some are more technologically-advanced, offering features that ensure the prescribed dose is delivered with each breath. Some devices offer automated features that can sense your inhalation and adjust oxygen delivery to keep your oxygen saturation consistent during activity or rest.

Oxygen delivery volume and settings – Portable oxygen concentrators vary in oxygen delivery capabilities based on their volume ranges. When selecting a POC, make sure it meets your current needs while allowing flexibility for future changes. Ultra-lightweight portables generally have limited oxygen delivery capacity.

Comfort – Portable concentrators come in many shapes and sizes. Outside of selecting one that is lightweight, look at the design of the device's shell and find a comfortable solution – one that fits the contour of your body. Other shapes and form factors often swing or bounce during activity.

Durability and warranty – Reliability is key. Avoiding any disruptions or extra costs related to your oxygen therapy is important. Many products have separate warranties for the sieve bed and the rest of the unit. Requesting information on both is recommended.



FREESTYLE COMFORT PORTABLE OXYGEN CONCENTRATOR

The FreeStyle Comfort ensures you get the therapy you need with convenience, mobility and peace of mind.



Key clinical features ...

- 5 pulse dose settings deliver up to 1050 mL to address broad range of prescriptions
- **UltraSense®** offers sensitive breath detection ensuring you get oxygen even if your breath becomes shallow
- **autoDOSE** is a safety feature to ensure automatic delivery of oxygen even if no breath is detected to avoid any gaps in your therapy
- **myCAIRE™** is a secure, telehealth solution offering you the ability to take control of your oxygen therapy

... for your comfort

- Large, easy-to-read and glow-in-the-dark LCD display with user-friendly interface and operations
- Ergonomic, curved design allows you to move freely
- Small and lightweight (5 lbs/2.3 kg) so you can go further
- Durable, robust design is built to last

FREQUENTLY ASKED QUESTIONS

Why is a portable oxygen concentrator better than a traditional oxygen cylinder?

A portable oxygen concentrator provides you with more freedom and time away from home based on its ability to operate on both battery or electrical power (AC and DC), while cylinders offer a limited supply of oxygen, requiring you to carry multiple tanks.

Can I travel with my oxygen concentrator on an airplane?

Yes. The Freestyle Comfort meets FAA guidelines for use on commercial flights to anywhere in the world.

How long will my battery last?

Your FreeStyle Comfort battery lasts up to 8 hours with an 8-cell battery and up to 16 hours with an 16-cell battery at setting 1. Battery life depends on the flow rate.

How will I know the battery needs recharging?

Audio and visual notifications will alert you when the device requires charging.

Will I receive a warranty on my FreeStyle Comfort?

Yes, you will receive an industry leading 3-year warranty that covers the device and sieve beds because we stand behind our product and its reliability.





O₂ is what we do.

For more than 50 years, CAIRE has been designing and delivering the best technologies and services to support oxygen therapy. CAIRE products are trusted globally by patients, providers, clinicians, and the military. Let us put our experience to work for you.

www.caireinc.com

SEE PRODUCT WARRANTY STATEMENT FOR COMPLETE INFORMATION. Please consult the applicable product instructions for use for product indications, contraindications, warnings, precautions, and detailed safety information.